



**Feed To Succeed**  
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## Overview

What began in 2008 with Betsy Hjelmgren, RD, today has become a renowned pediatric nutrition practice on Chicago's Northshore. Our private practice includes expert pediatric dietitians, offering nutrition services to hundreds of Chicago-area families every year, trusted by parents, children and physicians alike. We have cared for more than 10,000 pediatric patients and hire only registered dietitian/nutritionists, with board certification in specialties including pediatrics, nutrition support and lactation. We are also busy moms who understand the daily challenge of making sure our kids learn to make healthy choices. When you work with us, rest assured that you will receive advice and care from dietitians who not only are nationally recognized experts in pediatric nutrition, but care about kids and families and have experienced the ups and downs of parenting. Our private nutrition practice means your child benefits from individualized care. We use our breadth of knowledge and experience to custom tailor a plan that is research based and achievable for each family. Feed to Succeed, LLC, is owned and directed by Betsy Hjelmgren, MS, RDN, CSP, LDN. Betsy has been a registered dietitian, licensed in the state of Illinois, since 1999. Registered dietitians are the only nutrition experts regulated by the Academy of Nutrition and Dietetics, and the only experts licensed in the state to provide professional nutrition advice.

## Services

- [Nutrition Counseling](#)
- [Lactation Consulting](#)
- [Sports Nutrition](#)
- [Early Intervention](#)
- [Culinary Coaching](#)
- [Group Presentations](#)

## Community

Our Feed To Succeed [Community](#) allows us to connect with families through videos and handouts to help them eat and live healthier. Refer to it to find the latest webinars and events.

## Quick Links

- [Media Appearances](#)
- [Patient Stories](#)
- [Blog](#)
- [FAQs](#)
- [Contact](#)